



The Leader in Polar Adventures

ARCTIC 2025

Wild Fjords of South Greenland

Land of the Vikings



ULTRAMARINE

DESIGNED TO GO BEYOND

Contents

1	Overview
2	Itinerary
5	Arrival and Departure Details, and International Flight Planning
7	Your Ship
9	Included Activities
11	Adventure Options
12	Departure Dates
13	Inclusions and Exclusions
14	Your Expedition Team
15	Meals on Board
16	Possible Excursions
19	Packing Checklist



Overview

Wild Fjords of South Greenland: Land of the Vikings

Guests who book the 13-day *Wild Fjords of South Greenland: Land of the Vikings* explore this fascinating region on the game-changing *Ultramarine*, the newest addition to our fleet. Enjoy an ultra-immersive exploration of Greenland's serene shores, sailing the icy waters of the rarely traveled southeast coast, traveling down to the lush southern tip, and stopping to visit local communities, Viking sites, and observe imposing glaciers on the south and southeast coasts, which are the featured regions of this voyage. While onboard, guests can take advantage of *Ultramarine's* luxurious suites, spa and wellness amenities and incredible wilderness viewing spaces. *Ultramarine* enables us to offer guests more Adventure Options than any other operator in the Polar Regions.

Visits to picturesque communities and Viking sites will provide guests with an intimate look into Greenland's distinct culture and history, while the rugged landscape, highlighted by dramatic fjords, imposing glaciers, towering mountains, verdant valleys and incredible wildflowers will leave you breathless.

On *Wild Fjords of South Greenland: Land of the Vikings*, spectacular, unspoiled wonders await at every turn.

EXPEDITION IN BRIEF

-  Search for iconic Arctic wildlife, such as whales, seals and seabirds
-  Meet locals and experience traditional Inuit settlements
-  Learn about Viking culture and history
-  Cruise in a Zodiac to explore icebergs, glaciers, fjords and more
-  Immerse yourself in the icy realm of the Arctic with optional kayaking adventures
-  Experience flightseeing on one of *Ultramarine's* two twin-engine helicopters



Itinerary

DAY 1 | ARRIVE IN REYKJAVIK, ICELAND

Arrive in the Icelandic capital and make your way to your included hotel. You will have the rest of the day to explore the city on your own.

DAY 2 | EMBARK

This afternoon, you'll board your vessel and begin your expedition. Get ready for a great adventure ahead!

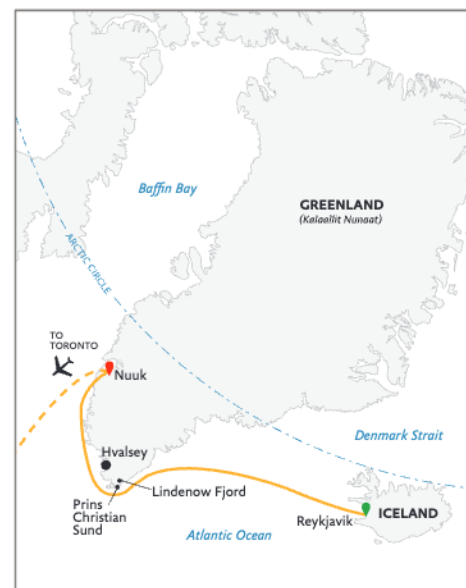
DAY 3-4 | TRANSIT FROM ICELAND TO SOUTHEAST GREENLAND

As we sail across the Denmark Strait, your Expedition Team will teach you about the wildlife and enthralling history of Greenland, its fascinating geology, ecology and climate, and the incredible

sights you will soon explore. Staff will also keep watch for the seabirds you'll likely see soaring around your ship, as well as the whales that can be encountered here.

DAYS 5 & 6 | EXPLORING SOUTHEAST GREENLAND

Your exploration of Greenland begins with South East Greenland, one of the least visited and most remote parts of the island. Your days sailing along the coast will be guided by weather and ice conditions, with each day and each excursion presenting new adventures. The region is a sight to behold, boasting a mesmerizing maze of vast glaciers, steep mountains and breathtaking fjords.



WILD FJORDS OF SOUTH GREENLAND
Land of the Vikings

Onboard *Ultramarine* —————
Flight from Nuuk to Reykjavik - - - - -

If you're feeling even more adventurous, perhaps you'll treat yourself to an optional paddling excursion (extra cost), an unforgettable opportunity to glide past icebergs and glaciers and capture some photographs from a unique perspective.

Another possible destination is Lindenow Fjord (Kangerlussuatsiaq), and if conditions are favorable, it's a great spot for hiking through lush and varied flora, surrounded by epic mountain vistas. This rarely visited deep fjord is fed by a number of glaciers and offers ample opportunities for your camera to get a workout.

DAYS 7 & 8 | EXPLORING SOUTH GREENLAND

Sailing on, we'll explore Greenland's fertile southern coast. Nicknamed Arctic Patagonia, this region is as rich in spectacular scenery as it is in history and culture. Here, it's easy to see why Erik the Red gave Greenland its name: everywhere you look rewards with vistas

of icy waters set against a backdrop of soaring mountains and unbelievably lush, green valleys. Scattered around the shores of the fjord systems that dominate the area are several small settlements, both ancient and present day, making South Greenland an ideal place to explore.

The magical Prins Christian Sund (Ikerasassuaq), a complex maze of narrow fjords and channels, is a great place for cruising. You'll explore this stunning sound, home to calving glaciers, jagged mountains and sheer cliffs that plunge dramatically into the water. Sailing through this fjord from the vantage point of your ship or a Zodiac is an exhilarating experience. If conditions allow, venturing ashore provides opportunities for all levels of hiking.

Steeped in Norse history, the southern coast of Greenland provides plenty of places to learn about this ancient culture. One such landing we hope to make is

at Hvalsey (Qaqortukulooq), the site of Greenland's largest and best-preserved Norse ruins. Exploring the remains of the circa 14th-century church will feel like stepping back in time, as the building appears much as it did when it was abandoned in the 15th century and the surrounding fells and fjord remain similarly untouched.

The little village of Igaliku, home to about 25 inhabitants, is Greenland's oldest sheep-farming settlement. It's a charming place to go ashore, as sheep peacefully graze on the grass, surrounded by bloom-covered rolling valleys and tall mountains. The area is also known for its storied past, as evidenced by the remarkable red sandstone ruins of the Gardar cathedral (the largest church in Greenland in the Middle Ages) and bishop's residence, which date back to the early 12th century, when Greenland's first bishop was appointed. Wandering the foundations, excavated in 1926, you'll



get to see a bit of history firsthand as you learn about this interesting relic of the Viking period. Together with four other historic farming communities, Igaliku is part of the newly established UNESCO World Heritage Site Kujataa.

DAYS 9 - 11 | EXPLORING WEST GREENLAND

Boasting spectacular glaciers, mountainous landscapes, and vibrant communities, the west coast of Greenland will leave you awestruck. Heading north, each day we hope to take Zodiac excursions from the ship to explore local bays, channels and landing sites, discovering some of the quaint communities dotting the islands and fjords in the region and cruising in some of Greenland's most picturesque places.

The west coast is home to Nuuk, the charming Greenlandic capital. You'll have time to wander the streets of the historic Old Nuuk neighborhood and see

the Hans Egede Church and Hans Egede statue near the waterfront, both named after the missionary who founded the settlement. History buffs will want to visit the national museum to view the famous Greenlandic mummies, found under a rock outcrop in 1972 by two brothers who were ptarmigan hunting.

DAY 12 | DISEMBARK IN NUUK AND FLY TO TORONTO FOR POST VOYAGE HOTEL NIGHT

Enjoy one more Zodiac ride to shore, where you'll board your charter flight to Toronto, Canada. Upon arrival in Toronto, we will transfer you to your included hotel.

DAY 13 | DEPART TORONTO

Today, you can make your way home at your leisure or spend some time exploring this artistic city.

EXPEDITION SPIRIT

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Arrival and Departure Details, and International Flight Planning

 				  	
DAY 1		DAY 2	EXPEDITION DAYS	DISEMBARKATION DAY	FINAL DAY
 <i>International flight in*</i> Arrival and hotel night		Embarkation	On ship or landing days	Disembarkation, charter flight and hotel night	Leave hotel <i>International flight onward</i>


** Arrive anytime on Day 1 or earlier. Day 1 includes an optional briefing.*
International flights are not included in the cost of the voyage.

As you prepare for your journey, you may be interested in your arrival and departure details. Since international air transportation is not included in the cost of your expedition, you have some flexibility in planning your flights.

Arrival Day and Embarkation

DAY 1 — ARRIVING AND HOTEL NIGHT IN REYKJAVIK

You may arrive in Reykjavik at any time during Day 1 of the itinerary and make your way to the included hotel.

DAY 2 — EMBARKATION IN REYKJAVIK

On the morning of Day 2, your luggage will be collected from the lobby of your hotel, transferred to the ship and stored in your cabin.

Ship embarkation will occur on Day 2 of your itinerary, usually around 4pm. You and your shipmates will meet in the lobby of your hotel and board the waiting buses for transfer to the ship. Information about transfer timing will be posted in your Reykjavik hotel.

PLEASE NOTE

There is a strict luggage weight limit on checked luggage and cabin baggage on the flights between Nuuk and Toronto. There is NO option to pay for additional luggage.

You will find in your final documents:

- › Luggage weight restrictions on charter flights.
- › Hotel information and check in time
- › Charter flight time to embarkation point
- › Embarkation plan
- › Departure charter flight time

Final Day and Departure

DISEMBARKATION IN NUUK

Your ship is scheduled to arrive in Nuuk and you will disembark after breakfast. The disembarkation process takes about an hour. After disembarkation, you will be transferred to the airport for the charter flight to Toronto.

DEPARTING FROM TORONTO

Upon arrival in Toronto, there will be a group transfer to your included post-expedition hotel. After breakfast the following morning, you may make your way to the airport to connect with your onward flight, or stay longer if you have booked additional accommodation.

Arrival and Departure Transfers

REYKJAVIK AND TORONTO AIRPORT TRANSFERS

An arrival transfer in Reykjavik and Toronto is not included in the expedition; if you require a transfer to the city, you will need to arrange your own transportation. Most airports we use on our voyages have good taxi ranks in the arrivals area, or you can often pre-book a transfer online.

PLEASE NOTE

Included Hotel Accommodations:

Your included accommodation begins on Day 1 of your itinerary, and the specific hotel(s) will be indicated in your final voyage confirmation. If you are arriving prior to Day 1 of your expedition or are staying after the disembarkation day. If you would like to extend your stay, you can book directly with the hotel or through a third party.





Your Ship: *Ultramarine*

NEW! ULTRAMARINE

The newest ship in our fleet, *Ultramarine* is designed to go beyond the familiar in polar exploration, to discover new places, and to immerse you in the best the region has to offer.

Equipped with two twin-engine H145 helicopters and 20 quick-deploy Zodiacs, *Ultramarine* offers the most robust portfolio of adventure activities in the industry, the most spacious suites in this category, breathtaking public spaces, excellent outdoor wildlife viewing areas, plus an innovative mix of sustainability systems that exceeds all industry standards.

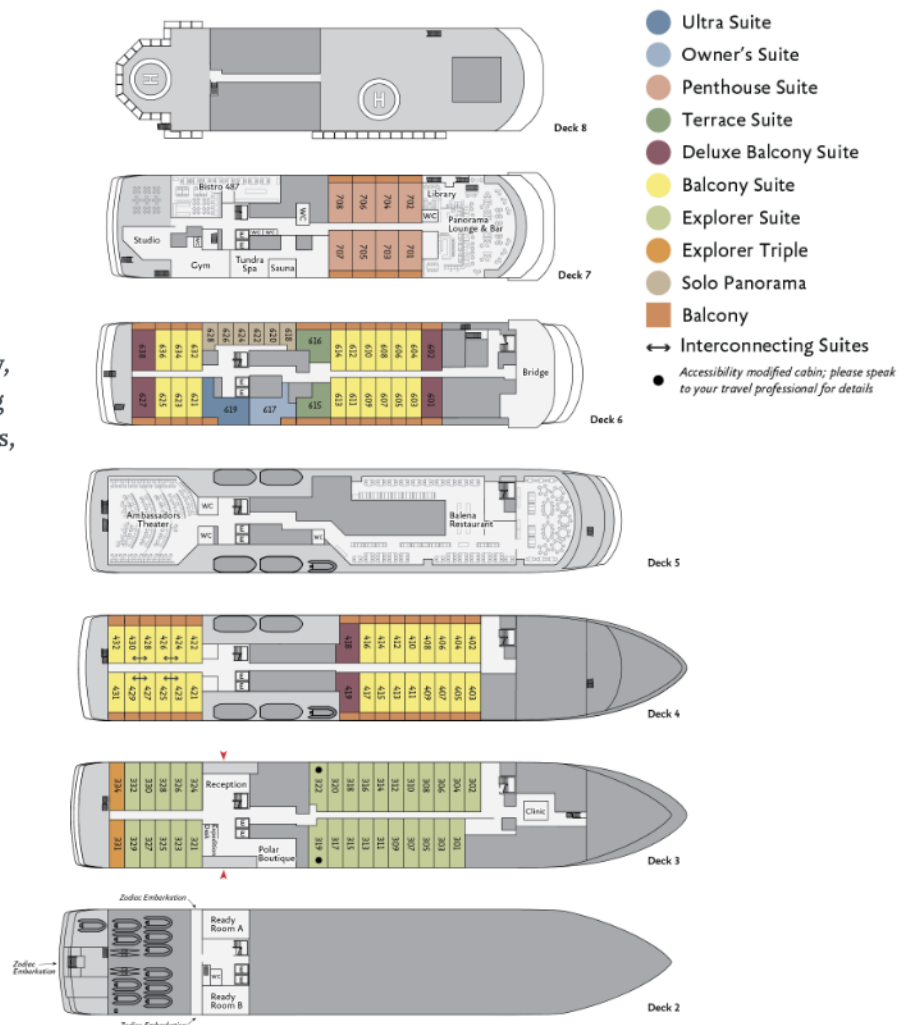
With all this and more, *Ultramarine* is perfectly positioned to deliver the ultimate polar expedition experience.

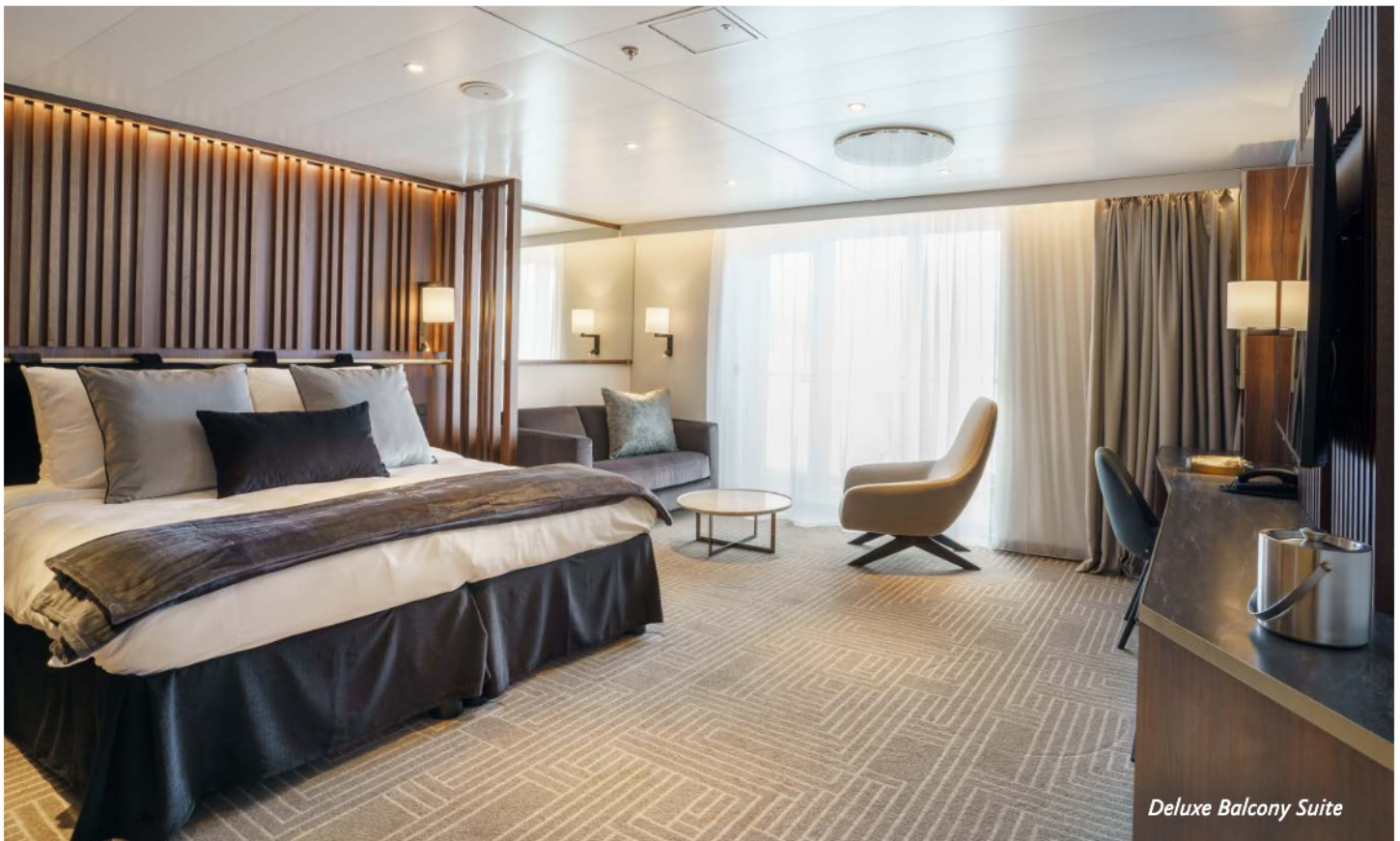
SHIP SPECIFICATIONS:

Staff & Crew: 140
Guests: 199
Lifeboats: 4, fully enclosed
Ice Class: PC6

Visit QuarkExpeditions.com to view deck plan details.

All images are artist's renderings.





Deluxe Balcony Suite



Sauna



Panorama Lounge



Fitness Center



Balena Restaurant



Included Activities

All of these activities are included in the price of your trip.



Ready for a little adventure beyond your ship? Each Quark Expeditions® voyage offers a variety of recreational activities to enhance your polar experience.



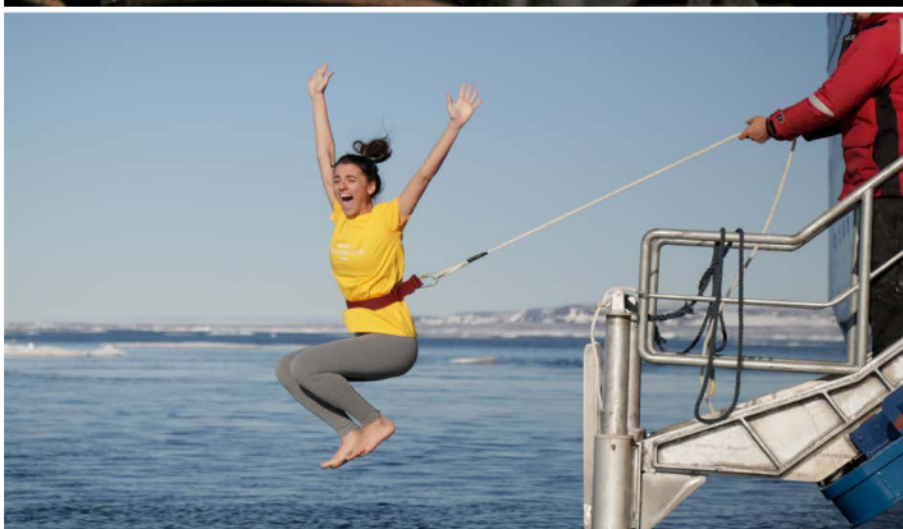
FLIGHTSEEING

While polar landscapes are spectacular from the sea, they're even more stunning from the air, a view you can enjoy while seated in one of the two twin-engine helicopters stationed on *Ultramarine*. Typically in groups of 6-9, you will experience an unforgettable aerial tour of the Arctic during a 10- to 15-minute flightseeing excursion that's included in the cost of the voyage. Additional helicopter activities may also be available for purchase on board. Please note: all helicopter operations are weather- and logistics-dependent.



ZODIAC CRUISING

Zodiacs are the workhorses of polar expeditions, taking you to places the ships can't access, allowing you to reach remote shorelines, explore shallow inlets and search for wildlife. Expedition staff make stepping in and out of them safe and comfortable, and your Zodiac drivers will provide active interpretation, making the landscape come even more alive.



HIKING

Led by experienced staff, exploring on foot is one of the best ways to appreciate the polar landscapes. Our guides are able to accommodate a range of skill levels to suit every guest.

PRESENTATIONS

Enjoy daily chats with and presentations by our world-class onboard polar experts—expedition guides, specialists, photography guides and other special guests who will introduce you to the fascinating history, biology, ornithology, glaciology and geology of the region, and much, much more.

POLAR PLUNGE

This rite of passage, scheduled only once per expedition, gives you the chance to jump safely into the bracing Arctic waters under the watchful eye of our staff—and just about every single camera on board!

PHOTOGRAPHY

Documenting your voyage so you can take the memories home is a rewarding experience. Our photography guides will help you hone your skills to capture the beauty of the Polar Regions.

Contact your Polar Travel Adviser or your Travel Professional for more information about your Included Activities and Adventure Options, including the necessary experience, physical requirements and cost.



Adventure Options

All of these activities cost extra and should be booked in advance of your trip.



PLEASE NOTE

For all paid activities pre-booking is required. We recommend booking early as spaces fill quickly.

SEA KAYAKING

Imagine gliding across the surface of a bay in the presence of icebergs and glaciers. Our Sea Kayaking program is a great way to intimately explore your surroundings. A small group of kayakers will plan to go out multiple times per voyage as an alternative to shore landings or Zodiac cruises.

The number of opportunities to kayak is weather dependent, and will be conducted only during calm conditions. Prior kayaking experience is required, and you must be able to do a wet exit to participate. Beginners interested in kayaking should consider participating in the Paddling Excursion.

PADDLING EXCURSION

If you're interested in kayaking but would like to try something a bit less demanding than Sea Kayaking, you're the perfect candidate to sign up for a one-time paddle on our stable sit-on-top kayaks—perfect for anyone with minimal or no kayaking experience. Small groups of passengers will be taken out on calm days, with our expert guides always present to provide instruction and help you connect with the polar sea. Two groups of 10 will be pre-booked, and once successfully completed, any subsequent outings will be offered via lottery on board.



Departure Dates

Wild Fjords of South Greenland: Land of the Vikings

ULTRAMARINE

<i>Dates</i>	<i>Days</i>	<i>Start / End</i>	 Flightseeing	 Sea Kayaking	 Paddling Excursion
ARCTIC 2025					
JUL 19 - 31, 2025	13	Reykjavik / Toronto	Included	\$	\$

\$ Paid Activities



Inclusions and Exclusions

Inclusions

RATES INCLUDE:

- Leadership throughout your voyage by our experienced Expedition Leaders, including shore landings and other activities
- All Zodiac transfers and cruising as per the daily program
- All shore landings as per the daily program
- Shipboard accommodation with daily housekeeping
- All meals, snacks, soft drinks and juices on board throughout your voyage (Please inform us of any dietary requirements as far in advance as possible. Unfortunately, the ships' galleys cannot prepare kosher meals.)
- Select beer and wine during dinner; and coffee, tea and cocoa available around the clock
- Formal and informal presentations by our Expedition Team and guest speakers as scheduled
- A photographic journal documenting the expedition
- A pair of waterproof expedition boots on loan for landings and Zodiac cruising excursions
- An official Quark Expeditions® parka to keep
- Hair dryer and bathrobes in every cabin
- All miscellaneous service taxes and port charges throughout the program
- All luggage handling aboard the ship
- Emergency Evacuation insurance for all passengers to a maximum benefit of USD \$500,000 per person
- Greenland voyages cruise passenger tax

*MANDATORY TRANSFER PACKAGE INCLUDES:

- One night's pre-expedition hotel accommodation in Reykjavik
- Group transfer from the Reykjavik hotel to the ship on Day 2
- Group transfer from the ship to the Nuuk airport on disembarkation day
- Charter flight from Nuuk to Toronto
- Group transfer from Toronto Pearson Airport to hotel
- One night's post-expedition hotel accommodation in Toronto

Exclusions

RATES SPECIFICALLY DO NOT INCLUDE:

- Mandatory Transfer Package*
- International airfare
- Arrival transfers in Reykjavik
- Airport Transfers in Toronto
- Passport and visa expenses
- Government arrival and departure taxes not mentioned above
- Meals ashore unless otherwise specified
- Baggage, cancellation, interruption and medical travel insurance—strongly recommended
- Excess-baggage fees on international and domestic flights
- Mandatory waterproof pants for Zodiac cruising, or any other gear not mentioned
- Laundry, bar and other personal charges unless specified
- Phone and Internet charges (connectivity may vary by location)
- Voluntary gratuity at the end of the voyage for shipboard staff and crew
- Additional overnight accommodation
- Adventure Options not listed in Included Activities



Your Expedition Team

Our Expedition Leaders and their teams bring diverse expertise in subjects as varied as polar history, marine biology, glaciology, ornithology and photography. Their knowledge and enthusiasm will greatly enhance your immersion into the polar environment and further deepen your connection to the Arctic.

With over 30 years of experience bringing passengers to remote Polar Regions and an industry-leading staff-to-guest ratio, we know how to safely handle the unexpected. Ensuring this hard earned experience is passed on, our expedition staff receive comprehensive training in Quark Academy, which provides hands-on polar expedition training prior as part of our onboarding process as well as ongoing training for experienced staff.





Meals on Board

If there is one constant on board, it is that you'll enjoy delicious meals daily. While meal times may change due to landings and wildlife encounters, you'll always be served three well-prepared meals per day. Most dietary restrictions can be accommodated by letting us know prior to your expedition.

Balena Restaurant, the main diningroom on Deck 7 of *Ultramarine*, features tables that accommodate 2 to 10. Guests can enjoy a quiet dinner with a loved one or join a larger table of new friends. Guests will enjoy views from every seat in addition to direct access to the wraparound deck. Guests can also enjoy a meal in Bistro 487, which offers an indoor/outdoor dining experience—perfect for enjoying the polar landscapes.

Breakfasts and lunches are normally served buffet style, while dinners are served plated. À la carte meals are made at the time of your order, allowing our chefs to prepare each dish to your individual needs, ensuring you receive top-quality meals during the course of your expedition.

Soft drinks and juices are available during meals and when the bar is open; beer and wine are served with dinner; and coffee, tea and water stations are available around the clock—all included in the cost of your package. Spirits, premium wines and champagne are available at extra cost which can be billed to your shipboard account. The well-stocked bars on the ship are open to enjoy with your fellow shipmates in late morning, afternoon and evening.





Possible Excursions

When traveling in extremely remote regions, your Expedition Team must consider the sea, ice and weather to guide the route and itinerary details. The following sites are a sample of what you may experience on your expedition, whether by ship, Zodiac cruise, or shore landing.

Southeast Greenland

KANGERLUSSUATSIAQ (LINDENOW FJORD)

Ships rarely venture into Kangerlussuatsiaq (Lindenow Fjord), one of the most beautiful fjords in Greenland. With your Expedition Team in the lead, you may cruise by Zodiac in an arm of the fjord while our staff draw on their years of Arctic experience to search for wildlife. You may also spot waterfalls along the sheer rock face or enjoy a hike amongst waterfalls, flowers and blueberry fields.

South Greenland

HValsey

Also known as Qaqortukulooq, Hvalsey is the site of Greenland's best-preserved Norse ruins. Built around 1300, the medieval church attracted people from near and far to attend Christian festivals throughout the year. The last written record of the Norse in Greenland recounts the wedding of an Icelandic couple here in 1408. Surrounding the church are the ruins of a farmstead, including stables and a banquet hall. The site is part of the Kujataa UNESCO World Heritage Area.

Igaliku

Part of the UNESCO World Heritage Area known as Kujataa, the small community of Igaliku (Igaliko) was founded in 1783 and is Greenland's oldest sheep-farming



settlement. Quite different from the distinctive colorful wooden houses seen throughout Greenland, the 19th- and early 20th-century stone dwellings of Igaliku incorporate building stones from the Norse ruins of the nearby Gardar cathedral and bishop's farm (the largest in the country).

KIJATAA

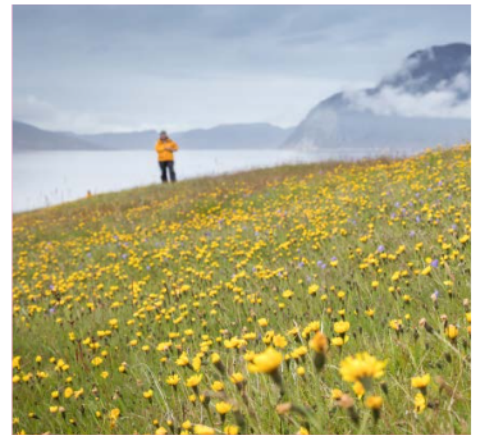
This sub-Arctic farming landscape—the earliest example of agriculture in the Arctic—was designated a UNESCO World Heritage Area in 2017. Featuring archeological sites and agricultural lands, Kujataa is comprised of five areas (Igaliku, Hvalsey, Qassiarsuk, Sissarluttoq and Tasikuluulik) that represent the most comprehensive cultural histories of Norse and Greenlandic farmer-hunters. In honor of the designation, Greenlandic Post issued a stamp in 2018 showcasing the landscape of Kujataa.

PRINS CHRISTIAN SUND (IKERASSUAQ)

The massive tidewater glaciers and dramatically steep cliffs dominating this picturesque fjord system, named after Christian III of Denmark, are one of the many reasons South Greenland has earned the moniker Arctic Patagonia. Aappilattoq, is home to about 100 people and is one of only two settlements in this remote region. This is an ideal place for ship cruising, as the icebergs here come in all shapes and sizes.

AAPPILATTOQ

Aappilattoq, home to about 100 people, is the only settlement in the remote Kujalleq region of South Greenland. Inhabited since the 19th century, Aappilattoq was only founded in 1922. Its name derives from the Greenlandic word for “red,” inspired by the red mountain towering above the settlement.



West Greenland

NUUK

Nuuk is the epicenter of Greenland's fascinating emerging culture. At population 18,800, one of the world's smallest capital cities is a wonderful and curious mix of the traditional and the new. A particular highlight is the Greenland National Museum, which offers an insight into social change affecting the country from the 1950s onwards. Other exhibits include some of the world's oldest rocks (approx. 3.8 billion years found close to Nuuk), and the Qilakitsoq exhibit displaying the mummified remains of 15th century Inuit women and a six-month old child. The Katuaq Culture Centre and Nuuk Art Museum are also worth exploring.

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What to pack on your Greenland expedition

WHAT TO BRING! Packing for the Polar Regions doesn't have to be daunting, and to make it easier for you, all Quark Expeditions voyages include a Quark parka to keep, and a loan of insulated waterproof boots. Additional suggested items include:

BY SEA AND AIR

All transfers ship to shore, helicopter flights and Zodiac/ship cruising.

- ☐ Waterproof pants (mandatory for every Zodiac and helicopter ride)
- ☐ Base-layer wool or synthetic top* ☐ Mid-layer warm or fleece bottom*
- ☐ Base-layer wool or synthetic bottom* ☐ Mid-layer warm or fleece top*
- ☐ Warm hat that covers ears (bring an extra)
- ☐ Scarf, buff, or other face protection
- ☐ Warm wool or synthetic socks (keep a dry pair in your bag, and bring extras for layering)
- ☐ Waterproof gloves or mitts (bring an extra, lighter pair for hiking)
- ☐ Glove liners* ☐ Hand and feet warmers* ☐ Binoculars
- ☐ Polarized sunglasses with UV protection (consider bringing an eyewear retainer: string/clip etc.)
- ☐ Sunscreen ☐ Ski goggles (for Zodiac cruising on snowy or windy days)
- ☐ Waterproof, lightweight backpack or dry sack and/or rain sleeve for camera or a waterproof phone case (to keep camera & gear dry)

*recommended layering depending on the conditions of the day and reflecting your personal thermo-regulation comfort levels.

BY LAND (Shore Excursions and Hiking)

In addition to the gear requirements (as above) mandatory for the transit from ship to shore, it is recommended to bring:

- ☐ Worn-in Hiking footwear: While Muck-boots are provided and encouraged for most shore excursions, additional hiking footwear (Goretex-lined boots or similar water-proof hiking boots) can add to your hiking comfort, especially if you are a keen hiker
- ☐ (Smart) Wool or synthetic hiking socks for above footwear (bring an extra pair)
- ☐ Lightweight and quick-dry, trekking pants that may or may not convert to zip-off shorts* (*depending on your thermo-regulation)
- ☐ Breathable waterproof pants* and rain jacket** for outdoor activities in inclement weather (*can be the same pair you use for Zodiac operations / ** can be outer shell of complimentary Quark 3in1 Parka)
- ☐ Comfortable long or short-sleeve shirt for hiking either synthetic/quick-dry or merino (smart) wool
- ☐ (Hiking) gloves (medium thickness, waterproof preferred)
- ☐ Hat, buff or scarf (for wind and weather protection)
- ☐ UV protection (hat, polarized sun glasses, sun block, lip balm)
- ☐ Collapsible walking sticks for hikes (if required)
Quantities are available to borrow on every vessel
- ☐ Additional reusable thermos or water bottle
(in addition to the reusable collapsible water bottle provided)

TO WEAR ON BOARD

- ☐ Comfortable casual clothing like lighter shirts, pants or jeans, etc. (in case the ship gets warm)
- ☐ Comfortable non-slip closed-toed, heelless shoes (flip flops, sandals or slip-on shoes should not be worn on board due to safety concerns)
- ☐ Workout attire (for the fitness center and other indoor activities)
- ☐ Swimsuit (for the Polar Plunge! Some vessels may also have a pool, hot tub, sauna and/or steam room. See your ship book for details.)

Just a reminder: No formal evening wear required on our voyages but if you would like to bring something a little more dressy for the Captain's welcome and farewell cocktails you may certainly do so!

ADDITIONAL ITEMS

- ☐ Passport, visas, immunization records, travel documents, etc. as required
- ☐ Camera gear—complete with charger, storage medium, transport & cleaning kit (lens cloth etc.) and extra batteries
- ☐ Waterproof cell phone case or rain sleeve for camera
- ☐ Earplugs and eye masks for sleeping
- ☐ Voltage converters and plug adapters (see ship book for details)
- ☐ Moisturizer for face and hands (skin dryness due to wind and temperature changes)
- ☐ Seasickness, indigestion, headache, or other medications
- ☐ Small amount of local currency (see pre-departure book for more details)
- ☐ Insect repellent ☐ Mosquito netting



Scan this QR code or [click here](#) to watch our video on what to pack before you go!

- To view our packing checklist online, visit: [QuarkExpeditions.com/What-to-Pack/Greenland](https://www.quarkexpeditions.com/What-to-Pack/Greenland)
- Related topics are covered on our Frequently Asked Questions page: [QuarkExpeditions.com/Frequently-Asked-Questions](https://www.quarkexpeditions.com/Frequently-Asked-Questions)

WEATHER CONDITIONS & TEMPERATURES

Polar weather is extremely variable; temperatures may hover around the freezing mark and winds can be strong. The extended daylight warms sheltered areas so that you may sometimes find it warm enough for t-shirts. However, you may encounter rain, snow squalls, fog and white-outs during an expedition and should be ready for any conditions.



The Leader in Polar Adventures

TO BOOK YOUR NEXT ADVENTURE

Contact your Travel Professional
or a Quark Expeditions® Polar Travel Adviser

TOLL FREE AND LOCAL NUMBERS:

North America (Toll Free) **1 888 332 0008**

U.K. Tel **+44 203 514 2712**

U.K. (Toll Free) **0 808 120 2333**

Australia Tel **+61 2 72580333**

Australia (Toll Free) **+61 1800 953518**

France Tel **+33-1 80 14 01 05**

France (Toll Free) **08 05 08 66 46**

QuarkExpeditions.com

Photos captured with a telephoto lens from a responsible distance, following regulatory/AECO guidelines.

PHOTO CREDITS: (over all Expedition Brochures for the Arctic 2025 season):

Acacia Johnson; David Merron; Nicky Souness; Samantha Crimmin; Sam Edmonds; Michelle Sole; Cindy Miller Hopkins; Sue Flood; Hugo Perrin; Peter Lindstrom; Visit Greenland; Nicolas Singh; Rogelio Espinosa; Grange Productions; Fokus Productions; Adobe Stock; iStock

EXPEDITION BROCHURE
September 27, 2023